

# KISKI VALLEY OPPORTUNITIES UNLIMITED

## JOB DESCRIPTION

**TITLE:** Residential Program Worker/Trainee  
**SUPERVISED BY:** Residential Program Supervisor  
**QUALIFICATIONS:** Must be at least 21 years of age with:  
1. High School Diploma or GED  
2. Valid Pa Driver's License and Insurable with the Agency's Motor Vehicle Policy.  
3. Satisfactory Physical Examination in accordance with DPW Regulations with ability to perform duties outlined in the Job Description  
4. Pennsylvania Criminal History Clearance  
5. FBI Criminal History Clearance for Employees residing outside Pennsylvania

**PHYSICAL REQUIREMENTS:** A (✓) indicates requirements specific for the individual's employee will be working with.

### ON CALL

- 1. Assist and/or support individual with impaired mobility entering and exiting vehicle, bath tub, stairs, etc.
- 2. Quick action and mobility to redirect a fleeing individual to safety.
- 3. Ability to use upper extremities for repetitive pushing or pulling (operation of a hoier lift, lifting, rotating and assisting individuals weighing up to 150lbs who are partially or totally dependent for mobility and hands-on sign language)
- 4. Ability to use hands for fine motor skills and grasping. Examples: writing, perform personal care duties, food preparations, sign language, keyboard/typing.
- 5. Drive a van carrying up to 6 individuals in all weather conditions including night driving.
- 6. Lift and carry loads weighing \_\_\_5-20 lbs. \_\_\_20-50 lbs.  50-70 lbs. \_\_\_75-100 lbs.
- 7. Standing and/or walking \_\_\_up to 15 minutes \_\_\_30 minutes \_\_\_1 hour  1 hour or more.
- 8. Climb and descend stairways \_\_\_up to 1 flight  1 flight or more.
- 9. Operation of common household appliances including a microwave.
- 10. Snow removal off porches and sidewalks.
- 11. Adaptation to shift work including awake nights and quick rotation between different shifts.
- 12. Ability to cope with the mental and emotional stress of the position.
- 13. Adequate hearing and eyesight to ensure individual's safety.
- 14. Absence of any medical problem including communicable disease that might interfere with the health, safety or well-being of intellectually disabled individuals who require 24 hour supervision.